

Ark-T Centre

Creativity Changes Lives

Registered Charity Number: 1079495

ARK T Community In-Reach Worker F/T or P/T

Child & Adolescent Mental Health

APPLICATION DEADLINE: Monday 14th January 2019: 9am
For application forms, please download from our website:
www.ark-t.org or email recruitment@ark-t.org

Overview

In partnership with the mental health charity RESPONSE, Oxford Health NHS Trust and other third sector organisations, ARK T is at the heart of a pioneering new mental health service for young people.

This innovative new partnership will be supporting young people who are experiencing mental health illness, delivering fresh approaches, consistent support and holistic interventions.

We're now recruiting for an amazing person or two amazing people who want to join our team. It is essential that you are driven to help change young lives

About The Ark T Centre

OUR MISSION

We use the powers of Creativity and Human Connection to change lives and inspire community driven social change.

Our Creative programmes are ambitious, thrive on imagination and risk-taking and place fun, skills development and positive relationships at the centre of the participant's experience.

We believe it's never too late to have a happy childhood.

Working with people who are going through tough times, experiencing prejudice, isolation, exclusion, and who may feel voiceless or invisible, we welcome and

accept everybody, knowing that creativity is a skill that can build resilience, empathy and in time, fuel hope.

We have a professional music studio, messy play outdoor space, café, dance and drama studio and art workshop space and are currently funded by Children In Need, Youth Music and the European Social Fund, delivering high quality therapeutic arts interventions.

Our team is highly motivated, passionate and champions the potential of every individual who comes through our doors. You will be an advocate for young people, creativity, culture and the arts and join us in our mission to change lives.

The Role & Person

You will be a key member of the team, providing high standards of person-centred support and care to a caseload of young people who are experiencing a variety of mental health issues. You will be part of the Ark-T team and also be supported by CAMHS professionals, located in their headquarters just around the corner from our venue.

You will receive high quality training from CAHMS, clinical group supervision and support.

Through a creative and caring approach, you will build positive relationships with young people and their families, supporting them in the planning of goals, helping them access services and providing on-going mentoring. You will play a reliable and consistent role in their lives, building an enduring and trusted relationship.

Self-motivation and initiative are vital; a willingness to learn and the compassion and patience needed to support is essential.

Skills:

- The ability to communicate effectively with children and young people
- To be a great team member and to thrive in a high-energy, positive and creative environment
- To work on own initiative and work unsupervised at times
- Excellent I.T skills as this job requires using NHS software to manage caseload
- Ability to manage and respond appropriately to challenging behaviour and identify barriers to participation.
- To be skilled at developing trusted relationships with young people and the ability to inspire, to be a positive role model to Children and Young People
- The belief, resilience and determination to help your caseload achieve happier and healthier lives
- A 'can do' attitude and relish ability to find creative solutions
- Excellent verbal and written communication skills

- To be able to confidently identify risks with regards to Children & Young People's Mental Health

Knowledge:

- Appreciation of the needs of young people
- Following Safeguarding and Risk Assessment Procedures
- An understanding of appropriate legislation, including the Children's Act, Criminal Justice Act
- Current issues impacting young people's lives such as social media and cyber bullying

Experience:

- Working with children, young people and their families
- Working with young people who are or have been a looked after child
- Working with partner organisation and wider stakeholders as required
- Facilitating 1-1 mentoring sessions with your service users

Other:

- Ability to work flexibly according to the needs of the service
- Personal commitment to own learning and the acquisition of appropriate skills
- Ability to benefit from supervisory and monitoring relationships

Clean driving licence

Duties and Responsibilities

The worker will be required to work with between 45 and 60 Young People per year with at least 10 – 12 open to them at any one time.

Reporting to the project/service manager, the CAMHS support worker will work as a member of a staff team and will undertake a range of duties associated with the provision of support and other services to young people who comprise the workload of the project.

Within a prescribed working week and with agreement they will follow a flexible working pattern in accordance with management and service requirements.

A high level of flexibility will be necessary to provide a comprehensive service that is sensitive to the needs of children, young people and their families, this will require the provision of a wide range of experiences including

occupational, social, cultural and recreational activities, advice and guidance according to local demand.

The ethos of the service will be child/young person centred and based upon a commitment to achieve working partnerships with them and their families or carers and to work in close collaboration with colleagues from other settings and agencies. The style of service will aim to help and encourage children and young people to develop a mature understanding of their situation and to learn to exercise personal responsibility and choice in their lives.

Main Duties:

The support worker will be expected to participate in the full range of services provided at the project.

He/She/They will be responsible for:

Accepting a personal responsibility for implementing positively policies of Equal Opportunities and Race Relations.

Contributing to the provision of a planned and stimulating environment which reflects positively the diverse cultural and racial nature of society and provides for assessment, support and for the physical and emotional well-being of children and young people who receive a service from the project.

Participating in the assessment of service users and providing services in accordance with an agreed written plan which is reviewed at regular intervals.

By becoming familiar with policy and procedural requirements relevant to the performance of his/her duties.

Maintaining records as required by the Manager and carrying out all administration in relation to the casework task including completing the True Colours application with the Young Person.

Providing written reports as required

Maintaining confidentiality and observing data protection guidelines

Managing a caseload of 10 – 12 at any one time.

Working with Young People for a period of time and regularity based on mutual agreement, at times and locations that meet the Young Person's needs.

Providing information and assistance to young people to enable them to make choices about the development of their social networks and participation in their local community.

To attend appropriate training courses and participate in skills sharing with the team.

To keep casework records in order that the service can monitor its efficiency and effectiveness.

To liaise with other voluntary and statutory agencies to develop good working relationships and promote co-working strategies where appropriate.

To carry out any other reasonable duties within the overall function of the project commensurate with the grading and level of responsibility of the post.

What we'd like to give you:

- Competitive salary to be in region of £20-22k per annum FTE or Pro Rata if P/T
- Enhanced disclosure cost coverage
- Comprehensive induction
- A commitment to ongoing training with personal development opportunities
- Annual leave inclusive of bank holidays
- Workplace pension

Disclosure

All roles will be subject to a successful disclosure at an appropriate level from the Disclosure and Barring Service (DBS). We are an equal opportunities employer.